

PRISMA 2020 Checklist

Section	Item	Checklist item	Location reported
TITLE	1	Identify the report as a systematic review	p. 1 (Title)
ABSTRACT	2	Provide a structured summary	p. 1 (Abstract)
INTRODUCTION	3	Describe the rationale for the review	pp. 1-2 (Introduction)
INTRODUCTION	4	Provide an explicit statement of objectives	p. 2 (Introduction)
METHODS	5	Specify inclusion and exclusion criteria	p. 3 (Section 2.2)
METHODS	6	Specify information sources	p. 3 (Section 2.3)
METHODS	7	Describe the search strategy	p. 3 (Section 2.3)
METHODS	8	Describe the selection process	pp. 3-4 (Section 2.3; Fig. 1)
METHODS	9	Describe the data collection process	pp. 3 and 5 (Section 2.4)
METHODS	10	Define data items	p. 5 (Section 2.4)
METHODS	11	Describe the risk of bias assessment	p. 8 (Section 3.5)
METHODS	12	Specify effect measures	p. 5 (Section 2.5)
RESULTS	14	Describe study selection results	pp. 3-4 (Section 2.3; Fig. 1)

RESULTS	15	Describe study characteristics	p. 6 (Table 1)
RESULTS	16	Describe the risk of bias in studies	pp. 8-9 (Section 3.5; Table 2)
DISCUSSION	18	Summarize evidence	pp. 8-10 (Discussion)
DISCUSSION	19	Discuss limitations	p. 11 (Section 4.2)
DISCUSSION	20	Interpret results	pp. 8-10 (Discussion)
OTHER	21	Provide registration information	p. 2 (Methods)
OTHER	22	Describe funding	p. 11 (Funding)
OTHER	23	Declare competing interests	p. 11 (Conflicts of Interest)
OTHER	24	Describe data availability	p. 11 (Availability of Data and Materials)